

**Multidimensional Assessment of Parenting Scale (MAPS)
Parent-form – Version 2.0**

Parents have different ways of trying to raise their children. Please read each statement and rate how much each one best describes your parenting during the past two months with the child indicated above.

	Never	Rarely	Sometimes	Often	Always
1. I express affection towards my child verbally (for example, compliments, affirmations, saying "I love you").	1	2	3	4	5
2. If my child complains when I take away a privilege, I will give it back.	1	2	3	4	5
3. I am afraid that disciplining my child will cause them to dislike me.	1	2	3	4	5
4. I argue with my child when I'm irritated with them.	1	2	3	4	5
5. I threaten to punish my child.	1	2	3	4	5
6. The punishment I give my child depends on my mood.	1	2	3	4	5
7. I spend close quality time with my child.	1	2	3	4	5
8. When my child misbehaves, I yell at them.	1	2	3	4	5
9. My child changes my mind about punishing them.	1	2	3	4	5
10. I encourage my child to express themselves.	1	2	3	4	5
11. If my child does their chores, I will recognize their behavior (for example, by thanking or rewarding them).	1	2	3	4	5
12. I let my child out of a punishment early (like remove consequences earlier than I originally said).	1	2	3	4	5
13. I get very angry at my child.	1	2	3	4	5
14. I spank my child when they have done something wrong.	1	2	3	4	5
15. I give reasons for my requests (such as "We must leave in five minutes, so it's time to clean up.>").	1	2	3	4	5
16. I lose control of my anger when my child doesn't do something I ask them to do.	1	2	3	4	5
17. I encourage my child to talk about their feelings.	1	2	3	4	5

18. If I give my child a request and they carry out the request, I praise them (for example, thank them) for listening and complying.	1	2	3	4	5
19. I warn my child before a change of activity is required (such as a five-minute warning before leaving the house in the morning).	1	2	3	4	5
20. If my child gets upset when I say “No,” I back down and give in to them.	1	2	3	4	5
21. My child and I show affection towards each other (for example, hug, kiss, or compliment each other).	1	2	3	4	5
22. I listen to my child’s ideas and opinions.	1	2	3	4	5
23. I feel that getting my child to follow directions is not worth the effort.	1	2	3	4	5
24. I spank my child when I am angry.	1	2	3	4	5
25. I use physical punishment (for example, spanking or hitting) as a way of disciplining my child.	1	2	3	4	5
26. If my child cleans up after themselves, I will recognize their efforts (for example, by thanking them).	1	2	3	4	5
27. I give in to my child’s demands when they get upset.	1	2	3	4	5
28. I tell my child my expectations regarding their behavior before my child engages in an activity.	1	2	3	4	5
29. When I am upset or stressed, I am stricter than usual with my child.	1	2	3	4	5
30. I thank my child when they help around the house.	1	2	3	4	5
31. I use physical punishment (for example, spanking) to discipline my child.	1	2	3	4	5
32. I provide my child with an explanation when I discipline their misbehavior.	1	2	3	4	5
33. I give my child clear choices to avoid struggles.	1	2	3	4	5
34. I let my child know in advance what will happen if they misbehave.	1	2	3	4	5
35. I express affection towards my child physically (for example, hugs, kisses, pats on the back, rubbing their head).	1	2	3	4	5